

# LUNCH WEEK 1 MENU



## MAIN EVENT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers	Mild Chicken Curry with Whole Grain Rice	Sausages with Roast/Mash Potatoes and Gravy	BBQ Drizzle Pizza with Baked Potato Wedges	Golden Fish Fingers or Salmon Fingers with Chips



## MEAT-FREE MAGIC Vegetarian Dish

Sweet Chilli Vegetable Stir Fry with Whole Grain Rice	Cheesy Broccoli Pasta Bake	Homemade Cheese and Leek Sausages with Roasted/Mash Potatoes and Gravy	Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice	Pizza Margherita with Chips
---	----------------------------	--	--	-----------------------------



## RAINBOW ALLEY Vegetables and Salads

Mixed Salad	Green Beans	Broccoli	Peas	Baked Beans
-------------	-------------	----------	------	-------------

*Daily salad bowl and freshly baked bread available every day*



## PASTA TWIRLER Topped Pasta

**Hot Pasta topped with Homemade Tomato Sauce**



## BIG TOPPING Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



## DESSERT TROLLEY Pudding

Toffee Sponge and Custard	Jelly & Fruit Slices	Apple Pie and Custard	Vanilla Ice cream	Orange Cookie
---------------------------	----------------------	-----------------------	-------------------	---------------

*Cut fruit, yoghurt and jelly available every day*



Draft  
Brett Reid  
Do not use

Autumn/Winter 2023/2024:  
11/9, 2/10, 23/10, 20/11, 11/12, 15/1, 5/2

# LUNCH WEEK 2 MENU



## MAIN EVENT

MONDAY  
All Day Breakfast  
Brunch  
Sausage, Egg, Hash  
Brown and Beans

TUESDAY  
Pizza Margherita  
with Baked Potato  
Wedges

WEDNESDAY  
Minced Beef and  
Onion Pie with Mash

THURSDAY  
Chicken  
Chow Mein  
(Noodles)

FRIDAY  
Golden Fish  
Fingers  
with Chips



## MEAT-FREE MAGIC Vegetarian Dish

All Day Veggie  
Breakfast Brunch  
Veggie Sausage, Egg,  
Hash Brown and Beans

Golden Vegetable  
Fingers with Baked  
Potato Wedges

Super Veggie Pie  
Vegetable, Lentil and  
Onion Pie with Mash

Mexican Bean Wrap  
with Whole Grain  
Rice

Cheesy Sweetcorn  
Pizza  
with Chips



## RAINBOW ALLEY Vegetables and Salads

Baked Beans

Green Salad

Carrots

Sweetcorn

Baked Beans

*Daily salad bowl and freshly baked bread available every day*



## PASTA TWIRLER Topped Pasta

**Hot Pasta topped with Homemade Tomato Sauce**



## BIG TOPPING Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



## DESSERT TROLLEY Pudding

Sponge Cake and  
Custard

Jelly

Apple Crumble and  
Custard

Vanilla  
Ice Cream

Jammy Crumble  
Bars

*Cut fruit, yoghurt and jelly available every day*



# LUNCH WEEK 3 MENU



## MAIN EVENT

MONDAY  
Hot Dog  
with Baked Potato  
Wedges

TUESDAY  
Tomato & Roasted  
Vegetable Pasta  
Bake

WEDNESDAY  
Roast Chicken,  
Stuffing  
with Roast Potatoes  
and Gravy

THURSDAY  
**Pizza Day!**  
Veggie Supreme  
Pizza with Baked  
Potato Wedges

FRIDAY  
Golden Fish  
Fingers  
with Chips



## MEAT-FREE MAGIC Vegetarian Dish

Vegetarian  
Shepherd's Pie

Mixed Vegetable  
Korma with  
Whole Grain Rice

Baked  
Mac n Cheese

BBQ Drizzle  
Pizza with Baked  
Potato Wedges

Golden Vegetable  
Fingers  
with Chips



## RAINBOW ALLEY Vegetables and Salads

Green Beans

Broccoli

Carrots

Peas

Baked Beans

*Hot Pasta topped with Homemade Tomato Sauce*



## PASTA TWIRLER Topped Pasta



## BIG TOPPING Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



## DESSERT TROLLEY Pudding

Vanilla  
Ice Cream

Chocolate Crunch  
and Custard

Oaty Apple  
Crunch Slice

Jelly

Shortbread  
Biscuit

*Cut fruit, yoghurt and jelly available every day*